

Help the Plant Heroes protect our forests by slowing the spread of pests and diseases!

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BEGINNER
ACTIVITY
BOOK







Meet the PLANT HEROES!



LAURA WILKINS

From: Athens, Georgia Hobbies: playing the trumpet, gardening, studying ecology

FRANKIE BARKER

From: Shrewsbury, Massachusetts Hobbies: climbing trees, camping



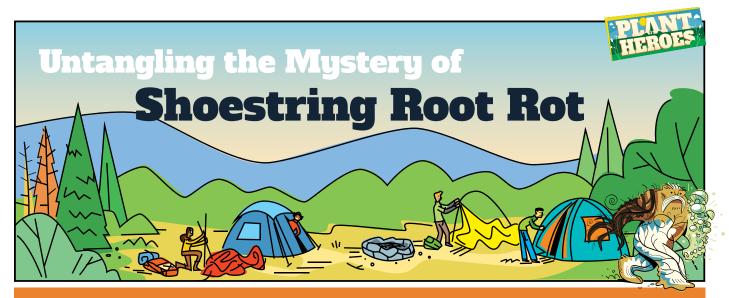




The Plant Heroes are four friends who love spending time in nature more than anything else! They enjoy climbing trees, walking trails, and camping.

The heroes are learning about why our forests are in danger. There are insects and fungi that can impact trees, sometimes affecting the health of whole forests. Trees may become sick or die when they are weakened by an invasive species, a living thing that is introduced to a new environment where it can cause damage to existing organisms.





SUMMER BREAK has been great and the Plant Heroes (Aponi, Frankie, Laura and Nate) have been busy, but before starting the new school year they meet up for their annual camping trip reunion! After they pitch the tents, they start exploring the rest of the surrounding clearing and nearby forest...

Aponi discovers big clusters of honey-brown mushrooms growing and sprouting out of several old stumps.





Nate finds a few fallen trees nearby, some snapped near the base and others with roots pulled out of the ground.



Laura sees some trees around the edge of the clearing that are clearly dead but still standing. Laura chips some bark off of one and, underneath, finds some freshly decayed wood that is unusually white. Curious, she uses her hatchet to chop out a few pieces and puts them in a plastic bag in her backpack.





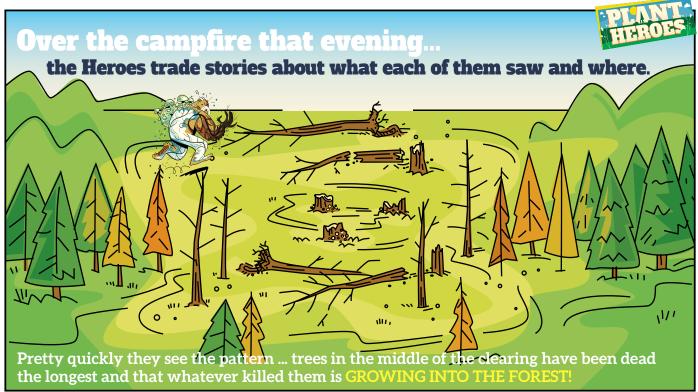
Frankie is practicing his climbing skills on some trees just outside the clearing and notices that a few have some yellowing needles and dead tips.

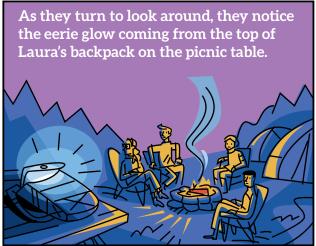
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A Glowing Fungus

A fungus is a living organism or being that is neither a plant nor an animal. Fungi are the great recyclers of the environment, taking their nutrition from organic matter (like a tree). Some common fungi that you might recognize include mushrooms and molds. The fungus we will be studying today is called *Armillaria* "shoestring" root rot. When the fungus grows on trees, it damages the trees' ability to get water and food to leaves. This can kill the trees or make them grow very, very slowly.





Parts of a Mushroom

Did you know mushrooms have gills? But these aren't like the gills of a fish! Learn more about the parts of a mushroom by coloring the fungus below.



Color the Mushroom!



The cap of the mushroom protects the gills and spores as the mushroom forms.

GILLS

The gills of a mushroom hold spores, which act like tiny "seeds" to grow more mushrooms.

STALK

This part of the mushroom helps support the cap.

MYCELIUM

This part of the mushroom is present even when the other parts are not present. This is the part of the mushroom that absorbs nutrients.



Fungi Fun

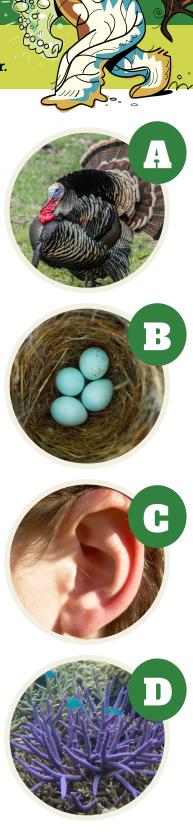
Fungi come in all shapes and sizes and are sometimes named after what they look like. Draw lines to match the fungi to what they are named after.













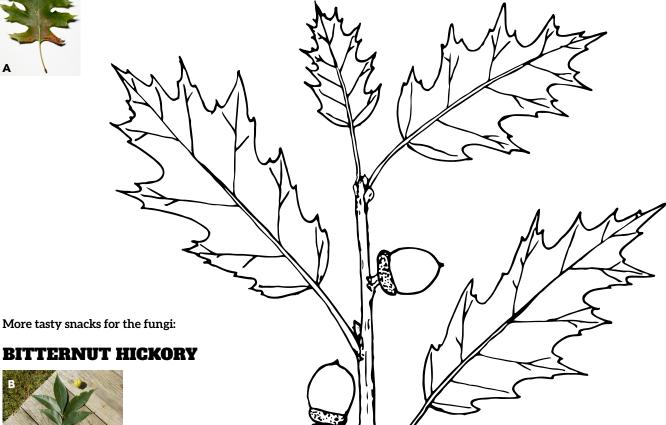
Meet the Trees!

Armillaria "shoestring" root rot can impact many different trees. These trees are called "hosts" because the fungi are the "guests" that feed on them. Below are some of the favorite host trees of Armillaria "shoestring" root rot. Color in the northern red oak below.





RED OAK





DOUGLAS FIR





Underground Maze

Armillaria can be identified by its three different parts. Learn more about the different parts of Armillaria "shoestring" root rot by completing the maze below.



Honey-Colored Mushrooms

These mushrooms are only present some of the time and are found at the base of the tree.



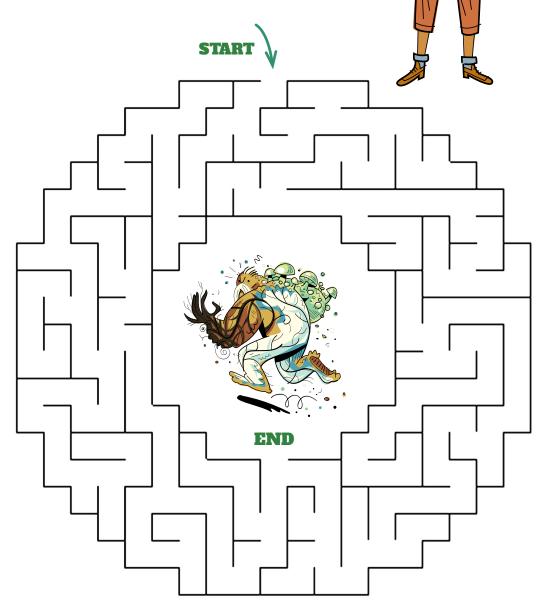
Mycelium

This white stuff grows beneath the bark of a tree. This is the part of the mushroom that absorbs nutrients.



Rhizomorphs

These spaghetti-like strings are called "rhizomorphs" and give the fungi the name "shoestring" root rot. This part of the fungus also helps absorb nutrients.





Find a Fungus

Look around in a park or garden near you. Can you find any fungi? They will probably be growing on rotting logs near the forest floor. Be sure not to touch or eat any fungi you find outside—some fungi are very poisonous!

Draw a mushroom you have seen before below:



FAIRIES AND FUNG!!

Some fungi grow from a center point in the soil, creating a circle. When the weather is just right, a ring of mushrooms appears at the edge of where the fungus is growing. A folk tale says that these rings appear where fairies danced the night before. When the fairies would grow tired of dancing, they would sit on the mushrooms to rest. Next time you see a mushroom, see if you can spot another one like it nearby. Are the fungi growing in a circle?



ANSWER KEY

Fungi Fun: 1. violet coral fungi to D. coral

- 2. turkey-tail fungi to A. turkey
- 3. bird's nest fungi to B. bird's nest
- 4. wood ear fungi to C. ear





Join our team of Plant Heroes and learn about trees, forests, and the natural world around you!

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You can be a Plant Hero!

Are you curious about plants and animals? Do you like asking questions about nature? Do you enjoy being outdoors and having fun, climbing trees, balancing on logs, or finding a new butterfly or beetle? If so, you are already on your way to becoming a Plant Hero! We invite you to join forces with Nate, Laura, Aponi, and Frankie to protect the plants and ecosystems we all love.

How can you become a Plant Hero?

Join our team and go on a journey with Nate, Aponi, Laura, and Frankie. As a Plant Hero, you will learn to notice when plants are in trouble. You will also find out ways you can act quickly to help find solutions in your own neighborhood. Follow their adventures and learn how they help plants and ecosystems stay healthy.

On the Plant Heroes website, you will find materials to help you learn about plants, forest health, and ecosystem balance. The more you know, the more you can help protect plants and ecosystems in your own yard, neighborhood, and community!

Plant Heroes strives to spark curiosity about nature and science in all children. Our program provides hands-on, nature-based learning materials for educators to engage children in topics of plant health, ecosystem balance, and forest health. We also spotlight the amazing work our public gardens do in protecting the plants and ecosystems we all depend on through our website and printed materials. Visit plantheroes.org today to learn more!

Plant Heroes is brought to you by the American Public Gardens Association, founded in 1940. Over the last eight decades, the Association has supported the work of public gardens in North America and beyond. Our mission is to champion and advance public gardens as leaders, advocates, and innovators in the conservation and appreciation of plants. Our vision is "A world where public gardens are indispensable" as they provide botanic, conservation, community, education, and economic resources to their community.

The Association is committed to increasing the knowledge of public garden professionals throughout North America through information sharing, professional development, networking, public awareness, and research, so that they have the tools to effectively serve visitors and members.







